

Hikuai School



Health Education Delivery Statement 2023

Health & PE at Hikuai School consists of:

Four underlying and independent concepts:

- Hauora (Well-being)
- Attitudes and Values
- Socio-ecological perspective
- Health Promotion

Hikuai School's Health and PE Curriculum follows the strands and key learning areas that are specified by the New Zealand Curriculum (Pg 22).

Quality teaching and learning through:

- learning and developing physical education skills and knowledge
- in class health units
- events and celebrations
- playing games and having fun
- Hikuai School values
- Inter School sports days
- outside agencies (eg Eastern Coromandel Community Services, Regional Health Nurse visits, Sports Clubs etc)

Children Discovering Health and P.E:

Students will develop knowledge/ understanding/ skills/ attitudes to:

- maintain their personal well-being and physical development
- develop motor skills, movements and positive attitudes towards physical activity
- enhance their interaction and relationships with others
- contribute to healthy communities and environments by taking responsible and critical action

Teachers Leading:

Teachers will:

- provide opportunities and experiences in a range of environments to promote personal well-being and physical development
- create enjoyable learning experiences in Health and PE
- model positive attitudes towards physical activity
- create safe and supportive learning environments
- actively contributing towards events and celebrations in our school community
- encourage children and whanau to participate and contribute in sports, cultural and extracurricular activities in our school community

Seven Key Areas of Learning:

The following seven key areas are identified in the New Zealand Curriculum document. They may be included in a three year teaching cycle. Each learning area has aspects that may be taught at all year levels:

- Mental Health -
- Sexuality Education
- Food and Nutrition
- Body care and Physical Safety
- Physical Activity
- Sports Studies
- Outdoor Education

Hikuai School 3 Year Health Plan Overview Draft:

Whanau meetings are held prior to Kia Kaha, Keeping Ourselves safe and Navigating the Journey units of learning.
Parents

Year 1 2024			
Outdoor Education/ Sports Studies/ Physical Activity Additional sporting opportunities will be booked as events present themselves. Costs and timetable allowing			
<ul style="list-style-type: none"> Cricket coaching sessions Swim Training/ Swimming Sports WHOT Swimming sports Triathlon / Hockey EOTC Pinnacles 	<ul style="list-style-type: none"> EOTC Opoutere Forest EOTC Tree planting/ inquiry Netball/ Soccer/ Rippa WHOT winter sport 	<ul style="list-style-type: none"> Pauanui/Tairua Preschool visits EOTC Bush Skills / inquiry Cross Country Junior WHOT sport 	<ul style="list-style-type: none"> Swim Training EOTC Camp EOTC trips Athletics
Mental Health	Body Care and Physical Safety	RSE Health	Food and Nutrition
Te Whare Tapa Wha Hauora Health & PE · TKI Life Education	Y1-2 Get Firewise Get Firewise Fire and Emergency New Zealand	Navigating the Journey Theme 1&2	Seniors: Food for thought Y5-8 Juniors: Food for Fuel Curriculum level 2 unit plan – Food for fuel
Year 2 2025			
Outdoor Education/ Sports Studies/ Physical Activity Additional sporting opportunities will be booked as events present themselves. Costs and timetable allowing			
<ul style="list-style-type: none"> Pauanui Preschool visit Swimming Sports WHOT Swimming sports Triathlon/ Hockey Pinnacles 	<ul style="list-style-type: none"> Opoutere Forest EOTC Tree planting Netball/ Soccer/ Rippa WHOT winter sport 	<ul style="list-style-type: none"> Pauanui Preschool visit Bush Skills Cross Country Junior WHOT sport 	<ul style="list-style-type: none"> Swim Training Camp EOTC trips Athletics
Mental Health	Food and Nutrition	RSE Health	Mental Health
Te Whare Tapa Wha Hauora Health & PE · TKI Life Education	Fast Food Snack Attack teaching resources - Heart Foundation	Navigating the Journey Theme 3-4	Kia Kaha Kia Kaha New Zealand Police
Year 3 2026			
Outdoor Education/ Sports Studies/ Physical Activity Additional sporting opportunities will be booked as events present themselves. Costs and timetable allowing			
<ul style="list-style-type: none"> Pauanui Preschool visit Swimming Sports WHOT Swimming sports Triathlon/ Hockey Pinnacles 	<ul style="list-style-type: none"> Opoutere Forest Netball/ Soccer/ Rippa WHOT winter sport 	<ul style="list-style-type: none"> Pauanui Preschool visit Bush Skills Cross Country Junior WHOT sport 	<ul style="list-style-type: none"> Swim Training Camp EOTC trips Athletics
Mental Health	RSE Health	Body Care and Physical Safety	RSE Health/ physical safety
Te Whare Tapa Wha Hauora Health & PE · TKI Life Education	Friendship Enhancing relationships: What is a friend? Health & PE · TKI	Keeping Ourselves Safe Keeping Ourselves Safe New Zealand Police	Year 1-4: Looking after Ourselves- Body care Whole school: Road Safety Road safety New Zealand Police